

dispose the child to disease and relapse. I have had an opportunity to test the merits of protein milk, also known as Finkelstein and casein milk, in three cases this summer, and believe that it is a godsend to the babies.

The first case was a baby seven weeks old, ill with cholera infantum. Evacuations were light green mucus, foul smelling, and numbering from eighteen to twenty-four per day. The temperature ranged from 101° to 103°. The body was emaciated, with depressed fontanelle, sunken eyes, and distended abdomen. After being ill a week, he was started on protein milk, and within thirty-six hours evacuations were normal. The baby gained a pound in ten days.

Another, a case of enterocolitis, had been ill four months, and during that time all food given passed through the child undigested. He was six months old, emaciated and exhausted. After a few days, the stools, which had been all colours and consistencies, foul smelling and mucous, became homogeneous, yellow, without mucus and odour, and this baby gained a pound and seven ounces in four weeks.

The third case was a baby four months old, ill with enterocolitis. She had been ill two weeks, and could not digest any of the food given her. The stools were mucous. She improved rapidly, the stools becoming normal in a few days. She gained two pounds and four ounces in four weeks. These results speak for themselves.

Fresh air is very important during these diseases as well as during convalescence. Keeping the baby quiet and free from excitement is also beneficial in the work of recovery.

What a wonderful satisfaction it is to a nurse to have a part in battling for these little lives and to conquer! Great is the victory! Her anxiety and hard work earn their just compensation, *which is not salary*. Specializing in the care of sick babies is of great value. Efficiency is a most valuable asset. With her knowledge of means and with skilful application of them, the efficient nurse is assured of good results, which spell success.

#### WOUNDED ALLIES' RELIEF COMMITTEE.

The Wounded Allies Relief Committee (Sardinia House, Kingsway) has received a letter from a reliable source in Switzerland, stating that the Camp for prisoners of war at Soltau, Germany, is in quarantine, as the result of an epidemic of exanthematic typhus. It is permitted to write and to send parcels to the prisoners, but they are, of course, not allowed to reply. The letter goes on to say that all necessary sanitary measures have been taken to stem the epidemic.

#### NURSING AND THE WAR.

An excellent group of the nursing staff of No. 3 General Hospital, Australian Force, who recently arrived on the *Mooltan*, taken outside the British Museum, appeared last week in *The British Australian*. They expect soon to leave for the Dardanelles, under the supervision of Miss Grace M. Wilson, Matron of the Brisbane Hospital. In addition to the 80 nurses who are passing through England, where they have enjoyed a warm welcome and seen the sights; Sisters Muriel G. Burbury, Florence M. Howitt, Florence E. McMillan, Briseis, Belstead, Louise E. Young, Beulah McMinn, Frana Walsh, Dorothy Brown, Dora H. Smith, and Evelyn Hutt, and Sister Amy Curtis disembarked at Marseilles.

We are informed that the cases of nervous breakdown amongst the nurses on active service abroad are remarkably few; the more they have to do the happier they are, and, as there are usually busy and slack times, the nurses get plenty of rest and recreation between times. The work done by Lady Gifford at the Nurses' Home of Rest and Convalescent Home at Hardelôt near Boulogne has been the very greatest boon to nurses requiring a few days' rest, and all agree that they owe her a deep debt of gratitude for the charming hospitality provided for them in this delightful place, where there is but one rule, "breakfast in bed"!

Miss J. M. Jones, R.N., the Hon. Secretary of the Central Council New Zealand Trained Nurses' National Association, writes on May 23rd: "We are all grateful to the Editor of THE BRITISH JOURNAL OF NURSING for the kindly notices in that valued journal of the work done by New Zealand nurses. A hundred more nurses are leaving our shores in a few days, and a further supply will be available if needed. A hospital ship is to be equipped, donations are pouring in, and our best surgeons have offered their services. Verily Britain has reason to be proud of her Colonies. Can it be that the longing and love for the Motherland which the early settlers carried with them wherever they went has descended to their children, for even the little toddlers have always learnt to call old England Home. Already we are mourning the loss of our young manhood, but they have given their lives in a glorious cause.

"Registration will surely come to the nurses at home when the war is over, and the nursing profession, which has been so sorely handicapped in the past, will, I trust, be placed in the honourable position it so well deserves."

Miss S. Macnaughtan, the novelist, who has been working at the Front since September, is giving her lecture, "Pictures and Stories of the War," at Queen's Hall, on Friday evening next, at eight o'clock. The band of the Household Brigade will play at 7.30. Tickets may be had from the E. L. Robinson Lecture Agency, 7, Wigmore Street.

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